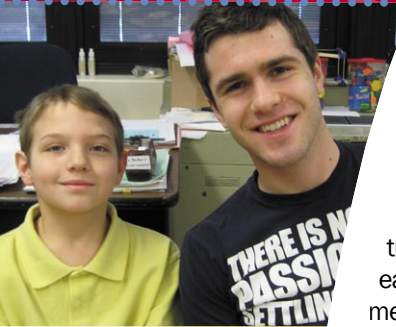


# Mentoring Works

Training Mentors. Strengthening Programs. Transforming Lives.

Fall 2011

## Mentee Profile



### Adam & Christian

“My mentor helps me with my math homework and talks to be about being a college student and what I would like to be in the future. I want to be in criminal justice because it sounds fun. I like to hear about my mentor’s life and stories about his travels to different countries. I would like to travel to different places when I grow up.”

## Online Mentor Training Coming Soon!

We download music on I-Tunes, all sorts of videos on YOU Tube and soon, mentors will also be able to gain guidance and support through gold-standard Mentoring Center training ONLINE! Says Marilyn Pritchett, Mentoring Center Director, “75% of our partner agencies sampled felt their mentors would find it helpful to have the choice of attending training in-person or online 24/7. We’re hoping that easy access will help increase the amount of training mentors have—helping them to be more skilled and more successful,” says Pritchett.



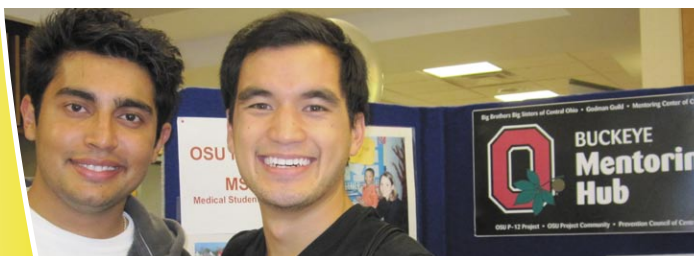
Videotaping of mentor testimonials and vignettes is underway for some of the Mentoring Center’s online trainings.

The first five trainings feature practical advice and help guide mentors through the FAQs of mentoring:

- *“I haven’t worked with a child of a different race before. How should I proceed?”*
- *“How do I build rapport with my mentee in the shortest possible time?”*
- *“If I’m mentoring a teen, what can I do to help her gain attitudes and skills for success?”*
- *“My mentee is angry, dealing with adult-sized problems or has learning issues. How can I be helpful?”* *Continued next page...*

**Training Sign-Up Information on next page**

## Children Make Solid Gains with College Mentors



OSU medical students sign up to become mentors

***“The growth and progress of my mentee over the past 2 ½ years has been immensely rewarding to witness.”***

The Buckeye Mentoring Hub, which last year had 425 one-to-one matches pairing Ohio State and Capital University students with children in grades 3-12, starts its 10th year this fall. Expansions this year include the addition of Police Officer Steve Smith to the planning group where he is providing guidance and resources; meanwhile YouthBuild is developing a 15-month mentoring program helping older youth return to high school

*Continued next page...*

## Lean On Me

### Peers Ease College Transitions



It started quietly with a few campuses and is building as colleges see positive results by having older students help younger ones acclimate to college life. Earlier tallies of schools graduating fewer than 60% of students in six years reflect lost dollars and lost time which neither colleges nor students can afford.

At California University of Pennsylvania, “First year students with peer mentors progressed to their sophomore year at a 13% higher rate than non-mentor[ed] first year students,” says Karen Posa, director of the program.

To build on these advances, Erik Farley, Assistant Dean of Students and Director of

*Continued next page...*

To reach our staff: 614.839.2447

Marilyn Pritchett x163 | Kimeta Dover x103 | Tessie Belue x171 | Joyce Chapman x171  
Stephanie Hughes, Training & Background Checks: MentorLine 614-233-MENT (6368)

## “Online Mentor Training”, cont’d from pg. 1

The trainings will answer these questions and more, providing guidelines, scenarios and videos that apply to the realities of helping kids in need.

The Mentoring Center expects to have several modules online by late November. Support for the initiative is from an OJJDP (Office of Juvenile Justice & Delinquency Prevention) Enhanced Training grant, one of about 30 funded nationally, awarded to the Mentoring Center and Big Brothers Big Sisters of Central Ohio.

### Be among the first to sample the new trainings!

Get a free training in return for providing your feedback! For more information or to enroll your agency’s mentors or yourself, call the Mentoring Center AVP Kimeta Dover (614.839.2447 x103) for access details and cost.

## “Lean On Me”, cont’d from pg. 1

Multi-cultural Student Affairs, Denison University, has contracted with the Mentoring Center for three years to train their Pave the Way student mentors. Says Farley, “The Mentoring Center’s training includes theory and scenarios about what they may encounter with our first-year students; good and bad. As a result, students walk into their peer mentor roles—helping stimulate cross-cultural engagement—more confident in their ability to ‘pave the way’.” This includes helping traditionally under-represented student populations transition to the academic, cultural, and social climate at Denison University.

As schools see retention rate increase, they are using peer mentoring to address a range of objectives through a variety of formats.

To help support these efforts, the Mentoring Center has provided guidance and customized training for mentors for a range of college programs: at Otterbein where upperclass communications majors are coaching their younger counterparts for quicker gains in presentation and other skills; at Denison where the focus is on helping minority students gain supports and guidance; and at Muskingum and Ohio State where upper class science, technology, engineering and math (STEM) mentors befriend and tutor first-year STEM students.

For more information on helping create a peer mentoring program, contact the Mentoring Center (614) 839-2447 x 103.

## “Solid Gains”, cont’d from pg. 1

to gain their diplomas. “This program will match college and career professionals who will guide teens toward establishing solid goals for attending college or training for a career,” says Stephanie Sparrow Hughes, Manager/Operations & Buckeye Mentoring Hub.

Hub partner agencies at Ohio State include Big Brothers Big Sisters, Godman Guild, YouthBuild, OSU Economic Access, OSU Honors & Scholars, and OSU Nisonger Center. Mentors are recruited from several OSU departments including students from the OSU Medical School.

Across town, Capital University students mentor elementary students at four City of Columbus Recreation Centers as well as middle school kids at Columbus Collegiate Academy, now at their new location on East Main Street.

A spring survey revealed that many mentors continue to mentor throughout their college years and often recruit their classmates as well. One mentor commented, “The growth and progress of my mentee over the past 2 ½ years has been immensely rewarding to witness.”

College mentors also gain experience for future careers, learn time management skills, and see their valuable impact on their community. Children clearly benefit

from a long-term positive mentoring experience as shown by the following outcomes: Last year, 88.7% of the young people participating in school-based mentoring programs through Big Brothers Big Sisters of Central Ohio reported improvements in at least one of the six categories BBBS measures in its Youth Outcomes Survey (YOS). For example:

### Mentees from Big Brothers Big Sisters’ school-based programs (2010-2011):

- 56.1% reported positive change in social acceptance
- 45.9% reported positive change in scholastic efficacy

Completed by the student, the YOS measures not only the categories above, but also educational expectations, academic performance, attitudes toward risky behaviors and parental trust.

**BECOME A MENTOR for the Buckeye Mentoring Hub!**  
Contact Stephanie Sparrow Hughes at [shughes@mentoringcenterco.org](mailto:shughes@mentoringcenterco.org)



## Profile of an OSU Mentor: Kylie Cook

“Mentoring my mentee has been by far one of the highlights of my year. Fridays were my favorite day of the week, not because it was Friday, but because I got to see my mentee.”

“I enjoy mentoring and was awarded one of three 2011 Outstanding OSU mentor awards. I attended the Mentoring Center training and learned skills to help me realistically set goals with my mentee. My mentee wants to be a lawyer. Being a true Buckeye, I mentioned the Moritz College of Law at Ohio State and we talked about the college experience. She has now added attending Ohio State and its College of Law to her list of long-term goals for herself. I look forward to continue mentoring for Big Brothers Big Sisters.”



Thank you to our key supporters:



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